



CASTED: Emergency 2 Day Course

(*Typical schedule - subject to change)

Day 1

800	Lecture: ED Orthopedic Principles
830	Demonstration: Splinting materials
845	Lecture: ED Cases Hands
930	Hands-On: Physical Exam - Hands/Tendons/Reductions
1015	Hands-On: Immobilization - Fingers and Ulnar gutter splints
1100	Lecture: ED Cases - Wrists and Carpals
1215	LUNCH
1300	Hands-On: Physical Exam - Wrist surface anatomy, distal forearm reductions
1400	Hands-On: Immobilization - Wrist and thumb spica cast/splints
1500	Lecture: ED Cases - Forearm and Elbow
1530	Hands-On: Physical Exam - Elbow anatomy and reductions
1600	Hands-On: Immobilization - Posterior slab, sling
1630	Adjourn

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Day 2

800	Lecture: ED Cases - Humerus and Shoulder
845	Hands-On: Physical Exam - Shoulder reductions and examination
945	Hands-On: Immobilization - Sugar tong, shoulder immobilizer
1030	Lecture: ED Cases - Pelvis, Hip, Femur, Knee
1130	Hands-On: Physical Exam - Hip and Knee Exam and Reductions
1200	Hands-On: Immobilization - Thomas splint, Knee immobilizer
1230	LUNCH
1315	Lecture: ED Cases - Tib/Fib, Ankle, Foot
1415	Hands-On: Physical Exam - Foot and Ankle Exam and Reductions
1515	Hands-On: Immobilization - Posterior slab, foam walker, air-stirrup
1615	Cases, Evals
1630	Adjourn